



STATEMENT OF PURPOSE

**SEMI-INDEPENDENT
LIVING FOR 18 TO 25-YEAR-OLDS**

**B & F CARE IS A TRADING NAME OF B & F CARE LTD
REGISTERED IN ENGLAND AND WALES, COMPANY NO: 11706374**

Contents

Introduction	3
Aims and objectives	4
Our services	5
Recording, Engaging and Communicating	7
Placement procedures	8
Contact us	9

Introduction

B&F Care cater for young people aged 18 & above, that need supported accommodation. We provide innovative, outcome focussed, care solutions for local authorities and organisations seeking to place young clients in to our semi-independent provisions. It consists of the right amount of 1-1 support and supervision in order to form an all-encompassing package focussed on aiding young people on to independence.

Our service users include:

- Young people with learning disabilities,
- Mental health needs,
- Eating disorders,
- Asylum seekers,
- Suicidal tendencies,
- Challenging behaviour,

We will ensure that young people referred to us undergo a comprehensive assessment of need, and then be offered individually tailored packages of care and support. This work will be undertaken in partnership with the referring agency/organisation.

We aim to encourage and will endeavour to ensure that all young people who display difficult and challenging behaviour, will be provided with the opportunity to achieve their full potential; intellectually, physically and socially.

B&F Care LTD will ensure young people actively participate in addressing inappropriate behaviours by providing them with the opportunity to develop new skills. Thus, empowering them to take responsibility, exercise self-control and be able to make informed decisions about their lives. Our services are aimed to develop independence skills and improve physical and emotional wellbeing of the young people.

Our promise is:

-To put the welfare of the young person first in all that we do.

In working with young people, the values that we apply are:

- Empathy
- Responsibility
- Openness
- Equality

The care provided will be in accordance with the jointly agreed care plan, which will identify the purpose and objectives of the placement.

Aims and Objectives:

At B & F Care, we aim to equip our young people with the knowledge, skills and ability to take as full control of their lives as possible, so enabling them to feel more fulfilled in life through various opportunities offered to them.

To enable us to achieve the highest standards possible we will:

- Provide a safe and secure accommodation which young people enjoy living in it.
- Provide support that is tailored to each young person's needs.
- Provide our clients with the opportunity to develop their independent living skills and to empower them to lead their lives as independent as possible.
- Provide a service that empowers Young People to have personal dignity.
- Make every effort to meet the religious and cultural needs of all Clients.
- Ensure Care Leavers are prepared for independent living, have their wishes and feelings considered and that they are listened to and their feedback informs the service's continuous improvement
- Provide a home environment free from exploitation.
- Provide a service that enables Young People to live a normal life within the community.
- Ensure our clients are aware of the opportunities and services available in the community.
- Promote the independence of young people at all times and encourage them to care for themselves by offering a high level of emotional support and practical help in health and educational/employment issues, cooking, budgeting and household tasks.
- Ensure that all staff receive ongoing training, support and guidance to enable them to support the young people to the best of their ability.
- When appropriate, offer specialised support and counselling from professionals, who will encourage and enable young people to achieve and move into independent living. Resources will be made available to young people as deemed necessary by their individual pathway plans.

Our Services:

PURPOSE OF THE SERVICE

Our purpose at B & F CARE is to provide a high standard of Accommodation and supportive environment for residents age 18 to 25 years, and to ensure young people are able to develop and maintain respect, self-reliance and self-care skills and enable them to make informed, age appropriate decisions, concerning their present and future so they can achieve a successful transition into independence and adulthood.

We provide a **basic package** which can be altered and built upon by introducing **additional support options** that meet the personalised needs of the individual.

The basic package includes:

- Accommodation within a safe and homely environment,
- Reflective support on behaviour and conduct,
- Support with tenancy sustainment,
- Independent living skills (Safe living environment)
- 24 hours on call support team

Additional Support

- Support with Daily Hygiene Routines
- Support with maintaining a clean and safe living environment
- Support with Food & Grocery Shopping (Supervised)
- Support with attending leisure & health activities
- Support with accessing education, training or employment
- Support with family contact
- Support with reducing substance & alcohol abuse
- Safety & self-harm reduction (safeguarding measures and use of therapeutic services)
- Support with sexual health and awareness
- Support with socialising and community integration
- Support with attending appointments (Sign Posting and or supervising)
- Direct tenancy sustainment support, advice and guidance

- Administering money/ Managing budget
- Administering and safe storage of medication
- Support/supervision and the reduction of sexualised and sexually harmful behaviour
- Specific Travel Training (Road safety/ highlights hazards, promotes independence)

Recording, Engaging and Communicating:

We believe the road to independence passes through fully engagement of the client with the service. However, there can at times be certain barriers to engagement, therefore we use methods and tools to record, monitor and communicate with our clients. This increases our level of understanding and allows B & F CARE and other professionals the knowledge and ability to help the client make changes and so be able to amend support plans in order to effectively assist the client produce positive outcomes.

Daily Engagement Logs

Our clients are proactively monitored, our staff members are tasked with recording the client's movements, decision making, conversations and actions throughout the day. This gives B & F CARE and relevant professional the opportunity to thoroughly assess and understand the client's needs. The logs enable us to see patterns and understand why incidents may have taken place.

Key Work Sessions

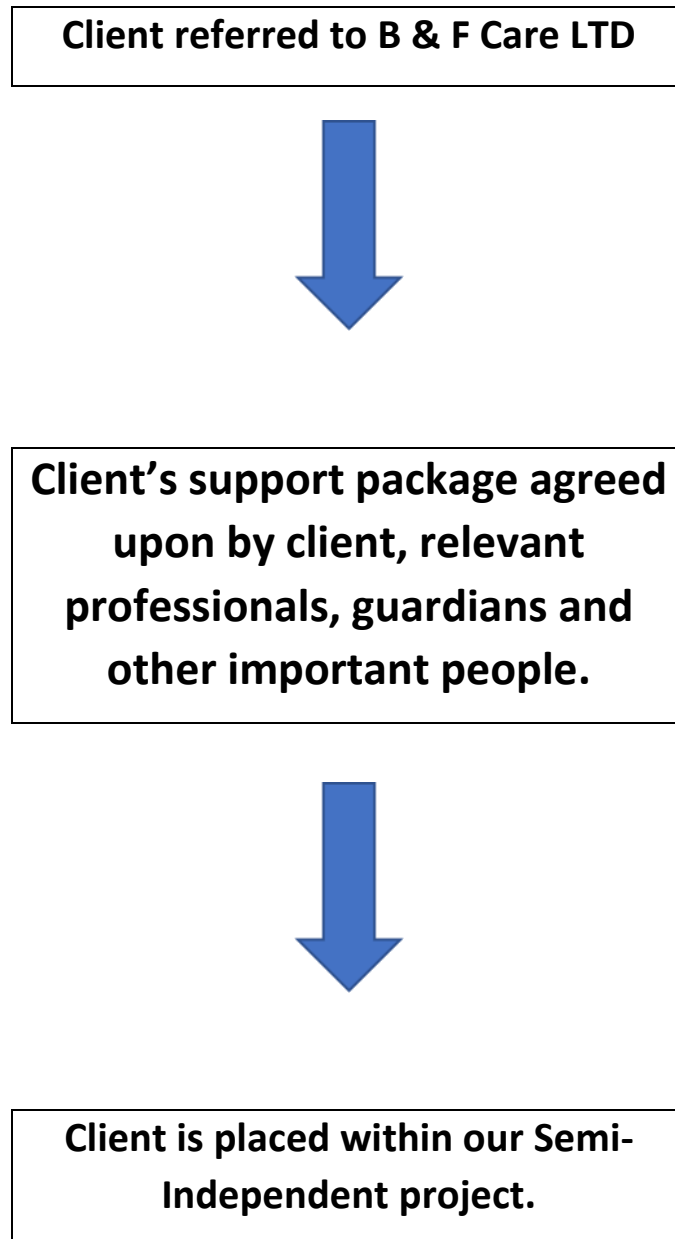
Our key work sessions work in tandem with our daily engagement logs. These sessions, however, cannot be carried out without the client's involvement, input and feedback. The sessions are usually carried out on a weekly basis and cover subjects like: Health, Education, Employment, Peer relationships, Training, Sexual Health and Relationships, Economic Well-being, Independent skills and much more.

Weekly Activity & Goal Setting Plan

Setting goals and making weekly plans allows us to build a well-structured package whilst allowing the client to feel in control of their support. The plans are usually discussed and amended via key work sessions.

Placement procedures:

How it works:



B & F CARE LTD requires a chronology of events, pathway plan, risk assessment and an up to date profile in order to thoroughly assess risks and provide a complete client focussed and safe support package.

Contact us

In order to obtain information about our package prices and to make a referral, please contact us.

B & F CARE LTD,
387 Watling Avenue,
Edgware,
Middlesex,
HA8 0NG

Tel:

0203 210 2041

B&F CARE LTD

info@bfcare.co.uk